

Classification and Qualification STANDARDS

Registered Dietitian

Class Code: 8130

Date Revised: 02-01-2010

FLSA: Exempt

Classification Standard Reformatted: 03-01-2014

OVERVIEW:

Under general direction, Registered Dietitians develop and implement programs designed to improve the diet and nutrition of students and the campus community through changes in dietary practices; develop and provide educational and consultative services to students in nutrition, diet, weight management, and food choices and preparation.

TYPICAL ACTIVITIES:

The duties listed below are intended only as illustrations of the various types of work that may be performed. The omission of specific statements of duties does not exclude them from the position if the work is similar, related or a logical assignment to this classification.

Registered Dietitians typically perform work involving some or all of the following duties: provide food, diet, weight management, and nutritional care information by means of workshops, seminars, and/or individual counseling; conduct training sessions and demonstrations on the technical and practical aspects of food and nutrition as requested; may participate in new student orientations; consult with other student health center and university staff on food and nutrition concerns and the nutritional care for specific medical conditions, diseases or disorders; may participate in multi-disciplinary team to address nutritional needs; coordinate nutrition programs with others promoting health and wellness in the campus community; conduct studies and surveys of dietary patterns, food needs of population groups, food prices and other factors affecting nutrition practice to assess individual and group nutrition practices; work to modify poor nutrition practices by educating and counseling students and other members of the campus community; prepare and assemble written and/or audio-visual material as aids in training and counseling sessions; keep current with developments in nutrition and diet applicable to the population served in the student health center and general campus community; may provide lead work direction to support staff.

MINIMUM QUALIFICATIONS:

Knowledge:

Thorough knowledge of the principles of nutrition, dietary needs and weight control; applicable state and federal regulations pertaining to the field including those regarding patient confidentiality. Working knowledge of nutritional care for specific medical conditions. General knowledge of principles, methods, materials, and channels of nutrition education and public information.

Abilities:

Ability to communicate effectively in writing and verbally; assess needs and evaluate the effectiveness of diet and nutrition programs and materials; promote, organize, and conduct public meetings on nutrition; prepare, select, assemble, evaluate, and distribute nutrition education material such as pamphlets, reports, bulletins, exhibits, posters, films, and news releases; maintain records and prepare reports; work effectively in collaborative health care teams to address specific diet and nutrition needs; keep current with developments in health care related to nutrition; maintain confidentiality consistent with applicable state and federal regulations; establish and maintain

effective working relationships with other health center staff and representatives of the news media and other community groups; and be sensitive to and communicate effectively with diverse members of the campus community.

Education and Experience:

Bachelor's degree or equivalent in a program approved and accredited by the Academy of Nutrition and Dietetics. The RD credential also requires completion of an Academy of Nutrition and Dietetics accredited pre-professional experience program. Additionally, incumbents must possess sufficient experience to perform the assigned duties.

Certification:

Possess and maintain certification as a Registered Dietitian as defined by the Commission on Dietetic Registration.